

# Workshops / Seminars 2010

Dates for your diary -

CDS is running a series of events during 2010 to highlight the expertise that is available to other organisations for the benefit of their staff and management.

Outline Program - Dates to be Advised



**These events are advertised as part of a menu of events but are also developed as separate entities. You are invited to select one or more or all. See Expressions of Interest form on reverse.**

## Series 1:

### *Transforming Support Options*



1: Shifting thinking and action to a person centred paradigm

Rachel Dickson, CDS and Ray Murray Disability Consultant (2 Days)

2: A person-centred approach to the assessment of support needs: The I-CAN Facilitator Training Workshop ( 1 day)

Sam Arnold, and Vivienne Riches, CDS.

4: Effective person centred practice through Active Support (2 Days)

Tony Harman and Rachel Dickson, CDS

5: Teaming for Transformative Practice (2 Days)

Patricia O'Brien, CDS and Ray Murray, Disability Consultant

## Series 2:

### *Healthy individuals, families and support staff*

1: Promoting physical and mental health. ( 1 Day) Dr Seeta Durvasula and Rachel Dickson CDS

2: Communication and supporting skills for parents of children and adults Ray Murray and Nola Manickam

3: Coping with loss and grief ( 1 or 2 days) Vivienne Riches CDS.

This is a practical workshop in which participants will explore and discuss theory and practice, consider case studies, develop skills and competencies for supporting those who are grieving, while



ensuring there are supports and safeguards for the carers and exchange resources.

4: Coping with and managing anger ( 1 or 2 days) Vivienne Riches CDS

This course can run as a 1 or 2 day workshop for staff and family or carers who support people with intellectual disability. Alternatively, participants can be people with intellectual disabilities themselves. In this case, the preferred option is to run an eight week, 2 hour per week course.

## Series 3:

### *Inclusive research for people with intellectual disabilities and their supporters*



Patricia O'Brien CDS, Stephen Curtis Research Associate, and ASSID NSW.

1. What it means to be a researcher: listening; asking questions; recording and thinking about answers  
2. Meeting people who do research and finding out different ways to collect information  
3. Setting up a group project  
4. Bringing the information back to share with one another  
5. A social event to launch the findings  
A series of three workshops and one social event will be promoted for a group of people with intellectual disabilities who will work together on a project and the findings will be presented at the final social occasion. The course runs over a 9 month period.

## Series 4:

### *Leadership series*

1. Facilitation as a leadership style (2 days) Ray Murray Disability Consultant and



Patricia O'Brien CDS ( this course can also be run over eight 2 hours session)

2. Essentials of leadership for organizations (2 days) Ray Murray Disability Consultant and Patricia O'Brien CDS.

3. Strategies for supporting staff in the work place ( 2 days) Vivienne Riches and Tony Harman CDS

4. Skills of mentoring and supervision ( 2 days) Ray Murray Disability Consultant and Shane Smith NDCO.

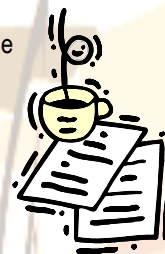
5. Using and promoting Assistive Technology in the workplace ( half a day) Timothy Hart NDCO.

## Series 5:

### *Understanding mental illness and supporting clients who have emerging mental-emotional ill health*

Dr Seeta Durvasula, Vivienne Riches, Rachel Dickson, Tony Harman CDS.

Aim: Workshop for front line staff of Employment and Transition to Work services, and/or Residential and Day Programs to increase awareness, knowledge and understanding of dual diagnosis and mental ill health, and to increase their ability to support their clients more effectively.



## Seminars /Workshops 2010

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### Expressions of Interest

In order that we may have some idea of numbers  
If you are interested in any or all of the above -  
Please complete the section below and return to:

Centre for Disability Studies  
PO Box 6, RYDE NSW 1680; Fax (02) 98077053

The registration fee will include – Morning Tea, Lunch and Afternoon tea where applicable

Series Number/s: ..... Workshop Number/s: ..... All:

Name: .....

Organisation: .....

Address: .....

..... Postcode: .....

Email: .....

Telephone: .....

Dietary / other special requirements .....

.....

Please note that NO refunds are made  
You may, however, nominate someone to take your place